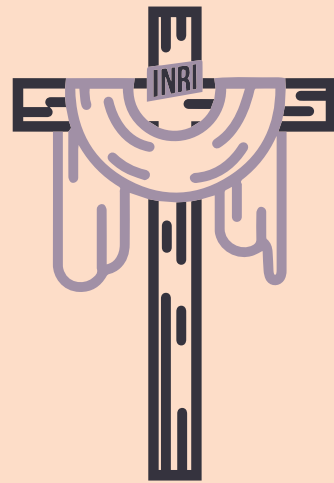


**# FAITH FACTS**



**HAVE YOU EVER  
WONDERED...**

what is **Lent** about for the  
Christian community?

## # FAITH FACTS

Lent is the time of preparation  
for Easter.

It starts on Ash Wednesday and ends on  
Holy Thursday.

This is forty days (not including Sundays)  
for Christians to reflect on their faith  
with giving, praying and fasting. It is a  
time of repentance – to focus on prayer,  
fasting, and good works to help reflect  
on their lives and consider ways to live  
justly in the world today.

