





INFORMATION FOR PARENTS ON

# SACRAMENTS INITIATION FOR CHILDREN

a sacrament is,
"the visible form
of invisible grace"
-St. Augustine

For more information regarding the Sacraments of Initiation for children please contact your local parish.

Find your local parish community: times/find-a-church-or-community





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#### Acknowledgements:

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#### SACRAMENTS

The Sacraments are important because they bring people into a deeper relationship with God and the Christian community.

Sacraments are meeting points with God and one another, when Jesus and the Holy Spirit connect in a special way with people. (CCC1210,1116)

#### There are seven Lacraments

In each of the seven Sacraments there are special symbols and rituals which point to a deeper meaning of our connection to God through each Sacrament. (CCC1146)

### WHY DO WE RECEIVE THE SACRAMENTS OF INITIATION?

The Sacraments of Initiation lay the foundation of Christian life. Baptism is the first Sacrament of initiation into the Christian community, the Church. (CCC1275)

God's presence and action is celebrated by the Church community in special ways through the Sacraments, the major sacred rituals of the Church. (CCC1084)



### SACRAMENTS of Initiation

#### BAPTISM

Through Baptism, a person commits to becoming a follower and friend of Jesus. They formally begin their Christian life and become a member of the Church. (CCC1267)

#### CONFIRMATION

The Holy Spirit confirms and strengthens God's gift (grace) that was received at Baptism. (CCC1285) Catholics renew their Baptismal promises as part of the faith community and commit themselves again to living a Christian life; this is why candidates choose a Confirmation name (their Baptismal name or a saint's name).

#### FIRST HOLY COMMUNION

The Sacrament of the Eucharist completes the process of initiation into the Catholic community. It is the gift of Jesus in the form of the consecrated bread and wine. Receiving the Eucharist is also called receiving Communion.

## SACRAMENT of healing

#### RECONCILIATION

Reconciliation offers God's grace to bring about forgiveness of sin (poor/wrong choices) and the healing of a person's relationship with others, creation and God. (CCC1442)

#### WHAT IS MY ROLE AS A PARENT?

It is about the process of walking alongside your child in their journey with God. This will involve praying, discussing, sharing thoughts and experiences together.

Ultimately, as you accompany your child in their spiritual journey, at home, with the parish and throughout their life you are having your heart open for transformation too.

You are the first educators a nurturers of faith in your children.

#### SPONSORS FOR CONFIRMATION

There is only to be one sponsor. They must be over 16 and a Catholic who has been confirmed and received First Holy Communion.

The role of the sponsor is two-fold:

- To testify to the readiness of the candidate to receive the Sacrament; and
- 2. To help the newly confirmed lead a Christian life and fulfil the obligations connected with it.

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