



#### Important Dates

Year 6 Camp

Monday 8 April 2024

Year 6 Camp

Tuesday 9 April 2024

Year 6 Camp

Wednesday 10 April 2024

Last Day of Term - 3pm Finish

Friday 12 April 2024

Anzac Day

Thursday 25 April 2024

First Day of Term 2

Monday 29 April 2024

Little JBs starts -Monday Cohort

Monday 29 April 2024

Little JBs starts -Friday Cohort

Friday 3 May 2024

Playgroup Resumes (moved to Fridays)

Friday 3 May 2024

The Ascension

Thursday 9 May 2024

Mother's Day Stall

Friday 10 May 2024

Mother's Day

**Sunday 12 May 2024** 

Catholic Education
Week

Monday 13 May 2024

School Advisory Board Meeting 6.30pm

Wednesday 15 May 2024

Principal's Tour 9.30am

Thursday 16 May 2024

**Pentecost** 

**Sunday 19 May 2024** 

#### From the Leadership Team

Dear Families

He is risen! Hoping this Easter season is filled with blessings to all within our wonderful community.

#### **Easter Raffle**

Last Thursday afternoon we drew the raffle for the annual Easter prizes. This is always an exciting time for the children! Thank you to all families who donated prizes for the raffle and to the wonderful Parents and Friends for their work in wrapping and organising the gifts.

#### **Annual General Meeting**

The Annual General Meeting of the School Board was held on Wednesday 20th March. I thank the parents and staff who attended for their presence and contribution to the meeting. The reports presented at the meeting are now available online via our school website.

We congratulate the following parent members who were nominated on to the School Advisory Board.

Sally Leonard

Mark Davies

They join existing members - Adam Keegan, Chris Flatman, Ace Lewis and Megan Kloeden as elected School Advisory Board members for the 2024 school year.

#### Staffing News

Adriana Timpano will return from her leave at the beginning of Term 2. Adriana will work alongside Sharee Grimshaw in the Year 2 classroom. Adriana will work each Monday - Thursday and Sharee will continue in the class each Friday. We warmly welcome Adriana back to the school and thank Sharee for her full-time work in the Year 2 class during Term 1.

We will also welcome back Gary Pascoe in 6P. We thank Curtis Ding for his contribution to the 6P class during Gary's absence. Curtis will still be seen around the school during Term 2 as he teaches in the 6RC classroom for Michael Cimarosti whilst he undertakes the Deputy Principal position for the first 5 weeks of next term.

Francis Schulz will be taking long service leave for the duration of Term 2 and into Term 3. We wish her all the best for her time away. Julia Roy is joining the administration team and will undertake many of the duties which Francis currently oversees.

#### Land Development

Work is continuing on the development of the land on Anzac Highway. Over the next fortnight we will see the resurfacing of the car park and the laying of the lawn in preparation for use next term. Very exciting!

#### **Winter Uniform**

A reminder that the Winter Uniform is to be worn from the beginning of Term 2.

Children in Years R-2 continue to wear the Sports Uniform. However, as the weather cools the children can wear the school sports jacket and tracksuit pants.

Students in Years 3-6 are to wear the winter formal uniform when they are not involved in activities that require the sports uniform. Please find the formal uniform requirements outlined below.

#### **Girls**

- Tartan Skirt
- Navy Trousers or shorts
- · Long Sleeved Blue Shirt
- School Navy Blue Jumper or Sports Jacket
- · White crew socks or navy tights
- Black Leather School Shoes (Not Sports Sneakers)

#### **Boys**

- Navy Shorts
- Grey Trousers
- Long Sleeved Blue Shirt
- · School Navy Blue Jumper or Sport Jacket
- Grey Socks / White Socks
- Black Leather School Shoes (Not Sports Sneakers)

As always, our uniform is available from our uniform shop, Brandmode, located at 83 Glen Osmond Road, Eastwood.

As this is the final newsletter for this term, we would like to thank everyone for their support during the term and wish everyone a safe term break.

#### The Leadership Team

#### Catholic Identity

Happy Easter, we celebrate the new life that Christ brings through his resurrection! May this season of life and joy bring you and your family many blessings.

#### **Project Compassion**

We have had a meaningful year of Project Compassion, where our focus has been to stand in solidarity with vulnerable communities. Recently we held a special assembly led by Fr Denis, which was followed by our Walk for Water that took place on Friday, 22<sup>nd</sup> March.

Thank you to everyone who supported Project Compassion this year. As always, your generosity is greatly appreciated.

#### **Holy Week**

Our Year 6 Justice & Mission Leaders, Max and Rayna, and Arts Leaders, Scarlett and Maddi have worked to produce silhouette scenes from Holy Week to prayerfully engage our school community. Classes have had a series of short prayer videos allowing them to contemplate Jesus' last moments before his death.

A big thank you to our leaders who so wonderfully took part in creating these videos for the school.

#### **Baptism**

Congratulations to Harper Beerworth who celebrated her Baptism on Sunday, 24<sup>th</sup> March at the 10am Mass in the St John the Baptist Church

In the light of Easter, we will also be celebrating another momentous occasion within our community. Matilda and Penelope Dennis will be baptised tomorrow morning, 5<sup>th</sup> April at the 9:30am parish Mass. We will be sharing Easter joy for the family and our school/parish community.

#### **Amanda Razon**

**APRIM** 

#### In Sympathy



Our prayers are with those who have recently lost loved ones.

May God keep them close.

To the families of:

Maddie P in 3J for her Stepfather,

Xavier F in 4W for his maternal grandfather

and

TJ & Lucas Brzezinski (past students) for their father, Peter

"Eternal Rest grant unto them O'Lord, and let perpetual light shine upon them. May they rest in peace."

#### Finance News

#### Statement of Accounts – Instalments due now

This is just a friendly reminder that Term 1 instalments should now have been paid so please do so this week if you have not yet made a payment. If you are having trouble making a payment or need help working out how much to pay, please phone or email me this week so we can work out a solution. As I am new to the school, I may not know your situation or payment plan so please reach out to me as

soon as possible.

#### **Direct Debits**

There is a change happening to our direct debit provider which will occur on the 15<sup>th</sup> April. This will mean direct debits will not be processed between 15<sup>th</sup> – 17<sup>th</sup> April but instead these will be processed on the 18<sup>th</sup> April. Please be mindful of this if your direct debit falls on the 15<sup>th</sup>, 16<sup>th</sup> or 17<sup>th</sup> April to ensure the funds are available on the 18<sup>th</sup>.

#### **School Card**

This is for families, single parents, or businesses on a low income of around \$70,994 last financial year. Please follow the links below to apply for the 2024 School Card Scheme. These must be completed each school year:

Form A (Income Assessment)

https://online.forms.sa.edu.au/content/forms/af/public/application-for-school-card.html

Form B (hardship, change of circumstances or self-employed)

https://online.forms.sa.edu.au/content/forms/af/public/form-b-hardship-or-circumstance-or-self-employed.html

If accepted, this will allow us to reduce your tuition fees to the lower-income fee, so please apply as soon as possible as it can take 4-6 weeks for approval. If you need help applying please bring your CRN details into the office and I can lodge it with as it only takes a few minutes online.

#### Qkr!

The Qkr! Team has advised us that they have now resolved the issues they were having with Android Phones and users can now download the App from the Google Play Store.



They apologise for the inconvenience and thank you for your patience.

If you have any queries or if you are having trouble making payments please email me on accounts@stjohnpl.catholic.edu.au, phone me on 8218 3304 or come in and see me Monday to Friday 8.00am to 4.00pm.

Jodie Veldhoen

**Finance Officer** 



Do you have a child who is due to start school in 2026 and have not yet submitted an enrolment form?

Enrolment Forms can be collected from our school office or downloaded via our website www.stjohnpl.catholic.edu.au

If you have any queries, please contact our office on 8218 3300.

#### From the Sport Coordinator



Dear St John's Community,

We are closing in on the end of Term 1 very quickly, I have been very impressed with the levels of engagement for all things Sport. I see so many positive attitudes and high levels of enthusiasm from the students on a regular basis.

It is very pleasing to report that we had 71 students represent the school for After-School Sport. These teams don't function without supportive parents and the Mentors and Team Managers that guide the teams each week. Thank you to all of you who have played a part in this, whether it is getting your child to the games or volunteering your time to be a Mentor or Team Manager.

In Term 2 we will offer Netball, Volleyball, Basketball and Soccer. If your child is interested in playing one of these great sports, please look to book them in through the QKR! App. We are currently just working through the Soccer information, so that will go live on QKR! very soon.

This week, 22 students from Years 3-6 competed at the SACPSSA Swimming Carnival. At the completion of the event, St John the Baptist School were crowned 'Overall Champions' for the day. This is an outstanding achievement and something that everyone should be extremely proud of. Every person in the team swam like superstars and it was so pleasing to see everyone encouraging and supporting one another. On top of this we were also awarded Year Level Champions for both Year 3 and Year 6. A special mention to our relay teams also, as we won the 3/4 Freestyle Relays. Next year we will be promoted to Section 2 and will compete at Burnside. Thank you to our volunteers who assisted on the day, it was great to see so many parents too supporting their children.



We had our Year 4's, Year 5's and Year 6's compete in the Glenelg Lacrosse Carnival. It was great to see all students putting the skills that they have been learning in their PE lessons into practice. We nominated 17 teams for this carnival and were very impressed with

each and every student. Thank you again to all the teachers and parents who mentored a team and made the day possible for all of the students.

I look forward to a busy, productive and engaging term of Sport again in Term 2.

Yours in Sport,

Sam Putland SPORT COORDINATOR

#### Staff Profiles





Name	Lauren Farinola
Role at St Johns & Years of Service	ESO, first year at St John's

Favourite Colour	Aqua
Favourite Food	Pork Belly or Beef/Lamb Roast with lots of Veggies
Sporting Team you support	Matildas and Adelaide Crows
Hobbies & Interests	Spending time with family and friends
	Going for walks and hikes
Primary School you attended	Mid North Christian College
High School you attended	Mid North Christian College
Pets	I don't have any pets.
3 Words to describe yourself	Quiet, Caring, Patient
Best advice you have been given	Always remember to put yourself in their shoes.
Favourite holiday spot	Port Hughes
Favourite Season	Summer



Congratulations to our Easter Raffle winners, there were many very happy students!

Thank you to everyone who donated prizes for the event and a big thank you to the P&F volunteers for their organisation and coordination! We raised approximately \$1800!

Raffle winners for the bigger prizes were:

- 1st Prize Evie A (REC BR)
- 2nd Prize Violet E (1SM)
- 3rd Prize Zach N (1M)
- 4th Prize Ella W (6P)
- 5th Prize Archie S's Dad (1SM)
- 6th Prize Harry S (5G)

#### SJBCS P&F Team



Playgroup will be changing days as of next term. We will be running playgroup on Friday mornings from 9am – 10.30am each week of the school term. We look forward to reading, playing, singing, and seeing you there.

Karina Overall

**Playgroup Coordinator** 

#### From the Library



#### **Premier's Reading Challenge**

Please continue to support your child's reading for the Premier's Reading Challenge this year, especially those in Year 2 - Year 6. The children are also reminded to only enter two books by the same author on the PRC Record Sheet.

#### **Lost Books**

If your child has overdue books please help them to look for them at home. They usually turn up and come back into the library system for others to enjoy.

Autumn holidays are the perfect time to snuggle up and read a book or two. Enjoy.

Thank you

Maria French

**Library Coordinator** 

#### From the Counsellor



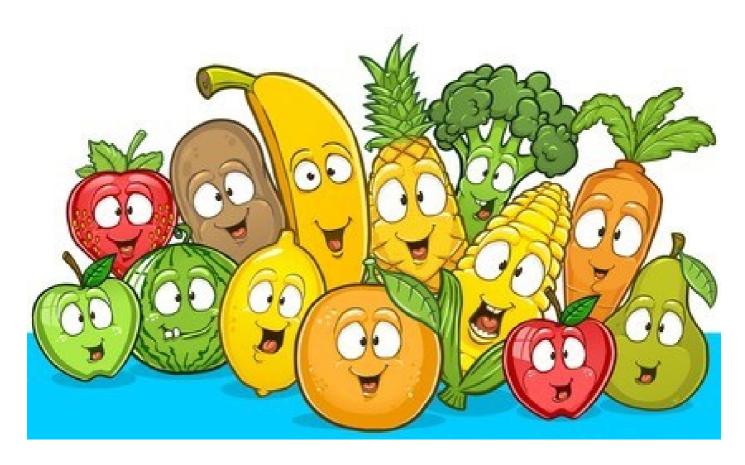
If you ask parents what they most want for their child, many will say something like this: "I just want my child to be happy". Whilst most of us know, at a logical level, that we can't make this happen, seeing our children frequently or deeply sad, is very confronting. (Developing Minds)

The following link has some helpful tips on how to support your child when they are experiencing regular sadness.

#### Sarah

#### **Centacare School Counsellor**

#### Canteen News



All orders for both recess and lunch are to be ordered via our Qkr! app.

Canteen orders close each canteen day (Monday, Wednesday & Friday) at 9.00am.

Healthy Canteen (Tuesday & Thursday) orders close on Mondays at 12pm.

#### Canteen Roster

#### Term 1

Friday 5th Apr - Jo & Cara Finneran

Monday 8th Apr - Julie

Tuesday 9th Apr - Jo

Wednesday 10th Apr - Julie

Thursday 11th Apr - Jo

Friday 12th Apr - Jo & Stacey Arnold

Thank you to everyone who volunteered this term - your help is much appreciated!

Julie Henschke & Jo Fitzgerald

#### Thrive on Thursday



All children and families are welcome to Join our wellbeing program

Playful Games Zone

Connect with other families

Chat with our School Chaplain

Every Thursday

IN THE HALL BEFORE THE SCHOOL BELL



'Thrive' on Thursday

"Thrive" offers a safe and welcoming space for families. It is a space for children to enjoy some activities such as tic tac toe where

children can play and parents are free to chat with our School Chaplain and connect with each other.





Service Name	Date
Camp Australia – SA St John the Baptist Catholic Primary School OSHC	Monday 15 <sup>th</sup> April – 19 <sup>th</sup> April

Intentional Experiences

	Monday 15 <sup>th</sup> April	Tuesday 16 <sup>th</sup> April	Wednesday 17 <sup>th</sup> April	Thursday 18 <sup>th</sup> April	Friday 19 <sup>th</sup> April	
Theme	Mission Takeoff XIII: Camp Explorers	Operation: Spookactular Spectacles	Project: Shadow Puppets & Dice Tales	Excursion: Basketball Frenzy	Operation: Pyjama Party	
Showcase Experience	Let's get BUSH COOKING! We're making a traditional Australian camping food, Damper Bread!	Spooooky slime is divine. Let's have some fun making some ooey-gooey spooky slime!	Did you know you can make shadow puppets anywhere with only three things? Let's start off creating hand shadow puppets before we create pre-cut puppets!	Are you a basketball fan? Well this ones for you! Join us for a 2 hour clinic with the Adelaide 36ers	No pyjama party is complete without a midnight feast. Let's come together and make our favourite midnight snacks.	
AM Featured Experience	We can't go camping without a tent! So let's band together and decorate our OSHC tent as a team!	Have you ever loved your pictures so much you wanted to create stickers out of them? Now's your chance! Let's get busy and create some very	Put your imagination to the test by creating your own dice that tell a story when you roll them!	Let's utilise those basketball skills and play an interactive basketball game called Fox in a Henhouse.	The best part about pyjama partys has to be creating your very own sleep masks! Let's create some together for you to take home!	
PM Featured Experience	How do you tell the time when you go camping? Let's create our own sundials to use a natural resource to show the time! I'll give you a hint, it's bright, it's hot annuddd it's the SUN!	cool, very spooky stickers!  What's spookier than ghosts? Nothing that's what! Become a ghost hunter and let's see how many ghosts you can find on our DIY ghost hunter activity!	Create your very own characters to star in an epic comic story! A little hint We can use our story telling dice!	Everybody knows how to play Musical Chairs so let's use those skills to play a new game called Musical Baskets!	What's a pyjama party without spending it with your friends? Let's make ffriendship bracelets together to give to all our friends!	
Mission Chat	Welcome to Rock	eteers! Lets go throking forward to the		ations and our daily	routine.	









Service Name	Date	WAY
Camp Australia – SA St John the Baptist Catholic Primary School OSHC	Monday 22 <sup>nd</sup> April – Friday 26 <sup>th</sup> April	

#### Intentional Experiences

	Monday 22 <sup>no</sup> April		Tuesday 23 April	rd	Wednesday 24 <sup>th</sup> April	Thursday 25 <sup>th</sup> April	Friday 26 <sup>th</sup> April	
Theme	Big Art Day: Umbrella Art Showcase	ig Art Day: Experience Excursion: Ninj mbrella Art Takeover: Forensic Warriors		ursion: Ninja	Aprili	Operation: Messy Makers		
Showcase Experience	Brighten up your rainy days and create your very own one of a kind umbrella with our DIY Umbrella painting.	fingerti inside s how fin are coll us to di collect	g at your ps to get an coop on gerprints ected? Join ust and finger prints the OSHC	adv and	ne on an enture with us navigate the SA e Camp Course.	Public Holiday	Join us to create this FIZZZ-TASTC rainbow experiement and have heaps of fizzy fun.	
AM Featured Experience	Let us inspire your creative thinking by reading The Circles all Around Us.	investig solve th find ou stealing waterm	nelon at	read true with obst the	warmed up dy to become a Ninja Warrior a fantastic ticle course on brand new	ANZAC Day	Let's get messy and create a painting! The only catch is we're using our fingers instead of paintbrushes!	
PM Featured Experience	Get ready to showcase your art work at this exclusive Rocketeers Art Gallery.	Grab your detective hat and become an investigator during some cool group games (Wink Murderer, Murder		et ready to nowcase your art ork at this ocklusive cocketeers Art allery.  Grab your de hat and becc investigator some cool gr games (Wink allery.  Grab your de hat and becc investigator some cool gr games (Wink allery.  In the Dark,	Nov han true put use	ure Play area!		Have you got a love for bubbles? Let's use that love to create some fantastic bubble paintings in this messy makers afternoon.
Mission Chat	What have you er before we finish?	100	most about y	our	holidays? Is the	ere anything you	would like to do	







www.campaustralia.com.au/rocketeers



#### Volunteering at St Johns



St John the Baptist School provides a safe environment for all while valuing the partnership between school and home.

As a Catholic community, we welcome and value volunteers. To be able to volunteer, and/or attend at other times throughout the school year, we ask that you hold a current Catholic Police Check (parents/caregivers attending excursions, reading in class, helping in class, attending community events), a current Responding to Risks of Harm, Abuse and Neglect in Education and Care for Volunteers certificate and have completed the volunteers application package.

A Catholic Police Check for volunteers is free for our current parents and caregivers. Application Forms are available in our school office.

This process ensures we maintain a child safe environment. To avoid disappointment, we encourage you to apply for a Catholic Police Check through the school office as soon as possible.

If you have any questions, please do not hesitate to contact us at the school office on 8218 3300 or email Francis Schulz on fschulz@stjohnpl.catholic.edu.au .

#### **Bright Ideas**



We value your insights and involvement in enhancing our school community. Please share any suggestions or ideas you have regarding school improvement. Your input is crucial in creating a positive and effective learning environment for our students.

Insights may be discussed at future School Advisory Board meetings or you may be contacted personally for further follow up!

Please find link here for your suggestions.

#### Plympton Parish Region 3 Assembly



# REGION 3 ASSEMBLY

Come to your **Region 3 Assembly**. Have your voice heard. Celebrate the giftedness of your parishes and schools.

Saturday, 4th May 2024

11am - 3pm Registration at 10.30am Sacred Heart College Champagnat Campus

**28 Percy Avenue,** Mitchell Park, SA 5043



TRYBOOKING.COM/CPGSM



## Year 7 2026 Enrolment Applications close Friday 12 April 2024



#### Year 7, 2026 Intake

For any families that may be considering enrolment at Cabra Dominican College in Year 7, 2026, a reminder that enrolment applications will close on **Friday 12 April 2024 (end of Term 1).** Please note that siblings of current students are required to complete an application form.



# College Tours

### **Champagnat Campus**

Located in Mitchell Park, Champagnat Campus is the learning environment for students in Years 7 – 9.

Please visit the College website to book into a tour.

Tuesday 5 March 4.15pm

Tuesday 9 April 9.15am

Tuesday 21 May 9.15am

Tuesday 20 August 9.15am

Tuesday 22 October 9.15am



**Champagnat Campus** 28 Percy Avenue, Mitchell Park SA 5043 (08) 8350 2500 | enquiries@shc.sa.edu.au

shc.sa.edu.au

## Plympton Catholic Parish Mass Times



DAILY MASSES - MONDAY, WEDNESDAY, THURSDAY & FRIDAY AT 9.30AM

VIGIL MASS - SATURDAYS AT 6PM

MASS - SUNDAY'S AT 8.30AM & 10AM

EUCHARISTIC ADORATION - FRIDAY'S 10AM - 12PM

ROSARY - MONDAY, WEDNESDAY, THURSDAY & FRIDAY AT 9.10AM

RECONCILIATION - SATURDAY'S FROM 11.30AM

#### Parents Babies and Childrens Expo



Australia's LARGEST and the WORLD'S longest running early parenting event! The Pregnancy Babies & Children's Expo (PBC Baby Expo) showcases BIG brands, BEST prices, EXPERT talks and classes from our resident midwife and parenting professionals, and all the LATEST innovations under one roof.

Plus, you'll get to push, park and compare a large range of pram brands exclusively on our **Pram Test Track!** 

**See**, **touch** and **try** before you buy with exclusive **EXPO DEALS** on all your baby and nursery essentials including:

- Prams + strollers
- Cots + bassinets
- Capsules + car seats
- Feeding + sleep products
- Play mats + toys
- Clothing + accessories
- And so much more!

Discover all you need to know from **bump**, to **birth** and **beyond**. You won't want to miss this!

#### When

Saturday, 13 April 2024 10am - 4pm Sunday, 14 April 2024 10am - 4pm

#### Where

Jubilee Pavillion Adelaide Showground, Wayville, South Australia, 5035

#### Adelaide Botanic Gardens - Teddy Bears Picnic



#### Teddy Bears' Picnic with the SA Police Band

**Date:** Sunday 14 April 2024 **Times:** 10:00am -12:00pm

Location: Conifer Lawn, Adelaide Botanic Garden (G9 on the map)

Cost: Free, no booking or registration required.

What do I bring: A blanket or low chair to sit on. Bring a picnic or make use of our café and kiosk. Don't forget to pack your favourite teddy bear to join in on the fun!

For further info please go to the website - Teddy Bears' Picnic with the SA Police Band (botanicgardens.sa.gov.au)

#### Adelaide Museum - School Holiday Program



Head to the Museum these school holidays for hands-on workshops, programs, and family friendly fun.

Beehive Hangs at the Museum (Ages 4-7) | 22 April 2024, 11:00am - 12:00pm Beehive Hangs at the Museum (Ages 8-12) | 23 April 2024, 11:00am - 12:00pm

Make a bee-line to the South Australian Museum these school holidays for a hands-on workshop all about North Terrace's buzziest residents.

Learn all about one of nature's hard-working pollinators: the humble bee! Join Xandra from Xannie's Bees in the Discovery Centre where you'll create your own bee-themed plant pot to take home and encourage pollination in your own backyard.

Have a sticky-beak at the Museum's 90-year-old bee colony living in our observation beehive, try on some beekeeping gear, and grab a taste of honey straight from the hive!

Fun with Fossils (Ages 5-11) | 15 April 2024, 11:00am - 12:00pm Fun with Fossils (Ages 12 -17) | 16 April 2024, 11:00am - 12:00pm

Dig into the fossilised past these school holidays with a hands-on workshop exploring the ancient oceans that once covered our own backyard.

Join palaeontologist and artist Riley in the Learning Space, level 2, and explore fascinating fossil specimens that lived, died, and sunk to the ocean floor at different stages of the distant past, from ammonites and crinoids to corals.

You will assemble your own unique aquatic fossil creature which will then be cast in plaster for you to take home!

Brainy Games | 18 - 20 April 2024, 10.00am - 5.00pm

Where: South Australian Museum, Learning Space, Level 2

Ever wondered about your amazing brain and how it helps you to understand the world? Ever wanted to see what a research scientist does? Adelaide University School of Psychology is at the South Australian Museum these school holidays with fun, interactive games that are part of their scientific research. Children and adults are invited to play games which cover a wide range of topics including understanding how we use logic to think, how we show our emotions, how we recognise other people (even when they look different), and how we use someone's appearance to make decisions about them.

#### SA Maritime Museum - School Holiday Program



- 1. Creature Quest Lego Trail: 7 30 April 2023 from 10am to 5pm
- 2. Gooroo Animation Workshop LEGO® Animation: 27 29 April 2023 at 11am, 12pm, 1pm & 2pm
- 3. Sea Creature Origami: 17 26 April 2023 from 10:30am 2pm

Where: South Australian Maritime Museum, 126 Lipson Street, Port Adelaide, SA 5015

Cost: Free with museum entry

Visit: https://maritime.history.sa.gov.au/whats-on/events/

#### **School Holidays Events**

The South Australian Maritime Museum welcomes all children to their April school holidays events! Check out the list of all the fun upcoming events in April as well as a description of each one below.

#### School Holidays: Creature Quest LEGO® Trail

Would you like to learn fun facts about scales, tails and sails? Check out the LEGO® minifigures in the Creature Quest LEGO® Trail to solve their secret word and enter one of two draws for the chance to win a spectacular prize!

#### Draw 1:

First prize (valued at \$159.99): LEGO® Avatar Payakan the Tulkun & Crabsuit (75579) (10+) Second prize (valued at \$54.99): LEGO® Creator Sunken Treasure Mission (31130) (8+)

#### Draw 2:

First prize (valued at \$159.99): LEGO® Duplo Wild Animals of Asia (10974) (2+)

Second prize (valued at \$79.99): LEGO® Duplo Wild animals of South America (10973) (2+)

#### Glenelg Lacrosse Club - Come and Try Day



FREE SAUSAGE SIZZLE AFTER TRAINING!

GLENELG LACROSSE CLUB

# COME AND TRY THE NEWEST OLYMPIC SPORT

# LACROSSE

5:30 - 6:30PM

7th, 14th, 21st March & 4th April

Parratt Reserve, West Beach

**AGES 6-13 WELCOME** 

# **ALL EQUIPMENT SUPPLIED**

## JUST BRING A HAT, A DRINK & A FRIEND

Any inquiries please contact our junior development team:

juniors@glenelglacrosse.com.au



# School Holiday GYMNASTICS

Western Youth Centre 79 Marion Road Cowandilla

LEARN TO ROLL FLIP AND FLY

**ENROL NOW!** 



# **Session Times:**

MON 22ND 9:00 am GYMNASTICS FOR ALL (ages 4+)

10:30 am TRAMP AND TUMBLING (ages 6+)

10:30 am ACRO DANCE SKILLS (ages 7+)

TUES 23RD 9:00 am GYMNASTICS FOR ALL (ages 4+)

10:30 am TRAMP AND TUMBLING (ages 6+)

10:30 am BASICS OF BARS (ages 6+)





#### Little Athletics



#### Academy Registrations are now OPEN!

This year Little Athletics SA will again have the

#### **Emerging & Elite Squads**

It doesn't matter whether you're new to athletics or you've been competing for a long time, the Little Athletics SA Academy is perfect for you! The Academy caters for everyone and aims to assist athletes to further their skills in all track and field events. The academy sessions are delivered by highly skilled and experienced accredited coaches.

In addition to the practical sessions, the Elite and Emerging Squads will both have theory presentations throughout the Academy program. These presentations are aimed at providing athletes with further knowledge and understanding to ensure they continue to follow the athletics pathway to success.

Please read the booklet prior to registering for all information. This includes costs, times and plenty more important information, as well as eligibility and selection criteria for each Academy squad.

2024 Academy Booklet

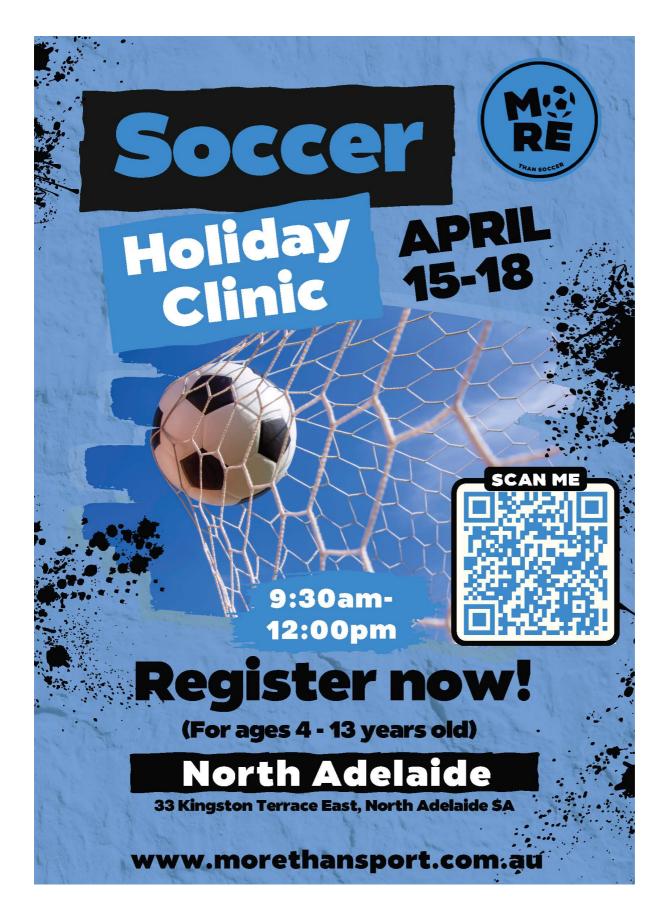
#### REGISTER FOR THE EMERGING SQUAD HERE

#### **REGISTER FOR THE ELITE SQUAD HERE**

#### FREQUENTLY ASKED QUESTIONS HERE

If you have any questions that are not answered in the FAQ, click here to enquire or contact the office on 08 8352 8133.





#### More Than Sport - Tennis and Soccer Holiday Clinics

More Than Sport's most awaited events are coming up this school break! **Tennis and Soccer holiday clinics** registrations are open and it's the best way to keep your child active, learning and having a blast during the holidays!

Spots are limited and sell out fast, so don't miss out! Find more information and register through their website.

Register Here: https://morethansport.com.au/holiday-clinic/

\*Please note both clinics are held in the same location but are separe events. Choose the sport that best suits your child.

#### Holiday clinic info:

Days & Dates: 15th to 18th April (Monday to Thursday)

Time: 9:30am - 12:00pm

Location: 33 Kingston Terrace E, North Adelaide

#### Kick Start Soccer



Further details and registrations can be found here on our website: https://simplysports.com.au/football/keswick/

#### Guided Parent Delivered Cognitive Behaviour Therapy for Perfectionism



#### PERFECTIONISM

Is the enemy of

#### progress

Winston Churchill

#### This research has been reviewed by:

- \* The Human Research Ethics Committee Flinders University (HREC 5816)
- \* Curtin University Human Research Ethics Committee (HRE2023-0652)
- \* South Australian Department for Education
- \* Association of Independent Schools of South Australia
- \* Catholic Education South Australia

Funded by the Channel 7 Children's **Research Foundation** 



#### Are you the parent/carer of a child aged 7 to 12 who:

- Feels bad about themselves if they do not do very well at things (e.g., school, hobbies).
- Continually sets goals for themselves that seem difficult to reach.
- Tends to procrastinate, or put things off, even though they feel bad about it later.
- Spends a lot of time thinking about their mistakes or any errors in what they do.



#### What is the approach of the Guided Parent-Delivered Cognitive Behaviour Therapy for Perfectionism research study?

The program includes six modules, designed to be used by the caregiver with the child, in interactive learning activities, supported by an online guidance session once a week. Each of which contains:

- Information about perfectionism.
- Activities for the caregiver to complete independently.
- Handouts for the caregiver to give to the child and discuss with them and exercises that the caregiver and child can complete together.
- Questionnaires for you and your child to complete online over the course of the evaluation and 12-weeks after the intervention is completed.

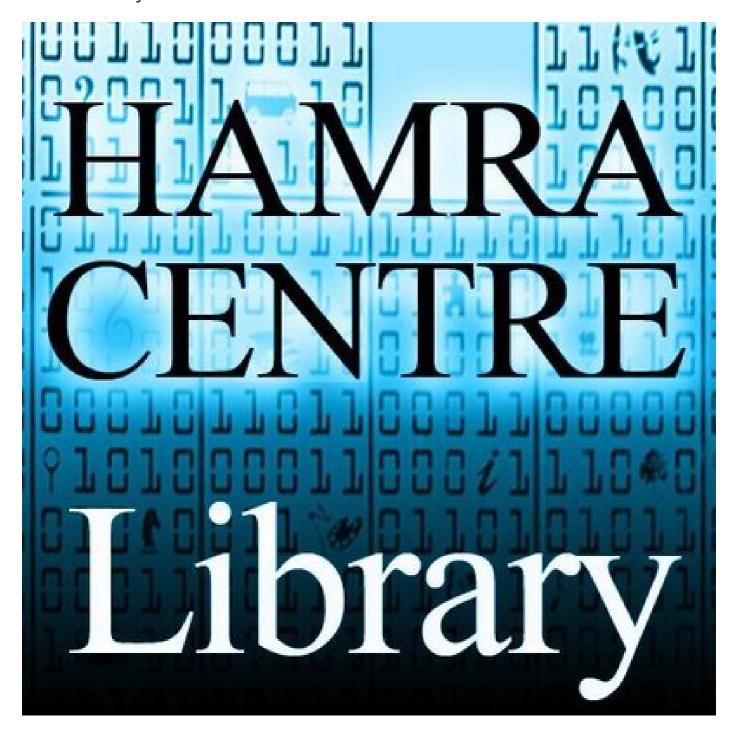




The program aims to help: (1) children pursue meaningful goals whilst reducing distress - not lowering their standards; (2) children explore new behaviors, and less harmful avenues to achievement; (3) caregivers thoughts, identify perfectionism in themselves, promoting joint learning.

To participate or see additional study details follow the QR code or email maya.jabs@flinders.edu.au





Hamra Library currently offer the following drop-in activities:

- A monthly writers' group (4:30-5:30pm every second Wednesday of the month)
- A monthly book club with no set text, just a place to come and talk about books! (4:30-5:30pm last Wednesday of every month)
- Homework club for all-ages study assistance every Monday during term, 4pm-6pm.
- 24/7 access to Studiosity for additional support if they have a West Torrens library card!
- The Australian Refugee Association offers homework support to students from refugee backgrounds who have been in Australia for 5 years or less every Thursday of term 4pm-6pm
- Lego Club (every 2<sup>nd</sup> Monday during term time, 3:30-5pm)
- "Sign Squad" for 12-25 year olds to learn Auslan from a Deaf tutor (Friday 5-6pm in weeks 1, 4, and 8 of each term)

None of these activities require bookings but further information is available via the Hamra Library website on the Activities and Events webpage:

https://www.westtorrens.sa.gov.au/Hamra-Centre-Library/Activities-and-event

#### Disclaimer

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#### **Absences**



If a student is absent from school due to illness, parents / caregivers are asked to contact the school office by 9.00am via:

- Absentee Line 8218 3300 available 24 hours a day to leave a message
- SMS Messaging 0409 793 402

#### **Birthdays**



Congratulations to those who celebrate their birthday in the next few weeks and over the holidays.

#### **April Birthdays**

4th Apr - Alexia F (2T) & Alen K (4W)

6th Apr - Navika P (REC K) & Reiva S (REC K)

7th Apr - Ruby K (5F) & Riley T (5G)

8th Apr - Charlie T (4A)

9th Apr - Harry H (5F)

10th Apr - Nahla D (5F) & Zach N (1M)

11th Apr - Melanie K (REC BR)

13th Apr - Ayaan M (2S)

14th Apr - Angela J (4W) & Asher S (REC B)

15th Apr - Raya S (REC BR)

19th Apr - Prajeedh B (5G) & Max T (REC B)

20th Apr - Sienna H (2T)

21st Apr - Will K (4P)

23rd Apr - Angus P (1M) & Marley S (REC K)

25th Apr - Celeste F (2S)

26th Apr - Archer H (6P) & Amalie W (6P)

27th Apr - Violet E (1SM), Addison S (5F) & Felix T (4W)

28th Apr - Alfie H (5G), Logan N (2S) & Abigail W (4P)

29th Apr - Indi S (5G)

30th Apr - Reid H (6RC) & Alfie H (1M)

#### **May Birthdays**

2nd May - Lope F (1M)

3rd May - Ethan B (5G)

7th May - Illyana N (1SM) & Billie O (1M)

#### School Uniform



Our uniform is available for purchase from Brandmode, 83 Glen Osmond Road, Eastwood. Ph - (08) 8357 0022

To purchase uniform online please click here.

To book an appointment please click here.

For further information on our Uniform Guidelines, please click here.

#### Instrumental Tutors

We currently offer the following instrumental tutoring:

#### Piano

(currently a waitlist)

Tutor - Christine Davies

Ph: 0403 546 091

Email - christineonpiano@gmail.com

#### Guitar & Ukelele

Tutor - Dido Durmanovic Ph: 0407 719 836

Email: didodurmanovic@hotmail.com

#### Acknowledgement



We acknowledge the Traditional Owners of the lands on which we live, learn and work.

We acknowledge the continued deep spiritual connection and relationship of Aboriginal peoples to this country and commit to the ongoing journey of Reconciliation.

Artwork - Unknown artist

#### Camp Australia



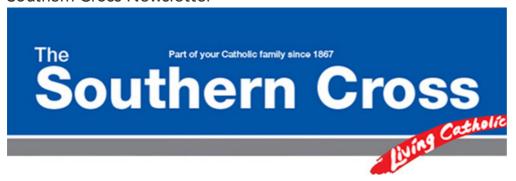
#### Guiding children's growth

To make a Your OSHC booking, you need to register with Camp Australia first.

Registration is free and can be done online, or with our smartphone app.

www.campaustralia.com.au

#### Southern Cross Newsletter



Click here to read the latest news from the Southern Cross News.

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